

The Complete Guide to Drawing Zentangle: A Workshop

By Jasmin Pannu Art Studio

An all-ages step-by-step guide to creating amazing patterned artwork



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Introduction to Zentangle:

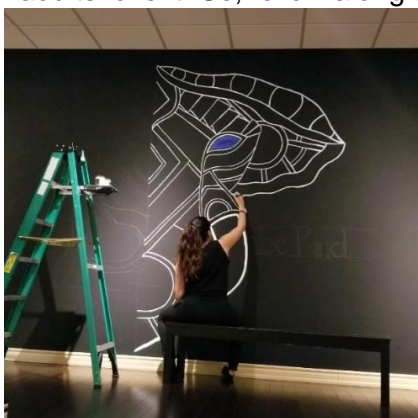
Zentangle is an easy-to-learn art style. Layered patterns form a larger, beautiful work of art.

Zentangle is similar to doodling because you come up with patterns and then repeat them. You'll be in the zone and feeling creative in no time!

In this workshop we will be replicating the artwork to the right- a mural that I designed and painted named, 'Be Brave, Be Kind.'

It can look intimidating at first, but when you break it down, it's just a matter of three steps: drawing the general shape, drawing in guidelines and filling those guidelines with patterns.

I've taught this exact workshop at elementary schools, corporate events and local galleries. Both kids and adults love it! So, follow along and I'll show you exactly what to do.



Artist/ Instructor Bio:



Jasmin Pannu is a multi-disciplinary Artist with 80+ murals in the Toronto area and three art collections. Her artworks have had the honours of exhibiting at a few of North America's largest galleries such as the Museum of Contemporary Art, the Ontario Science Centre and the Royal Ontario Museum.

Outside of creating new works, Jasmin Pannu teaches art workshops and gives artist talks for clients ranging from the Peel District School Board to the municipality and private clients.



Three years after having left corporate marketing to pursue the arts full-time, Jasmin's artworks have appeared on national news outlets such as CBC Arts, Breakfast Television, The Guardian and Huffington Post Arts.

Let's Get Started! Zentangle Workshop: Your Complete Step-by-Step Guide

Gather your supplies: Paper, Thick marker, fine-tip marker or outliner, pencil (optional), eraser (optional)

Step 1: I've completed this one for you! Print or trace the outline below:

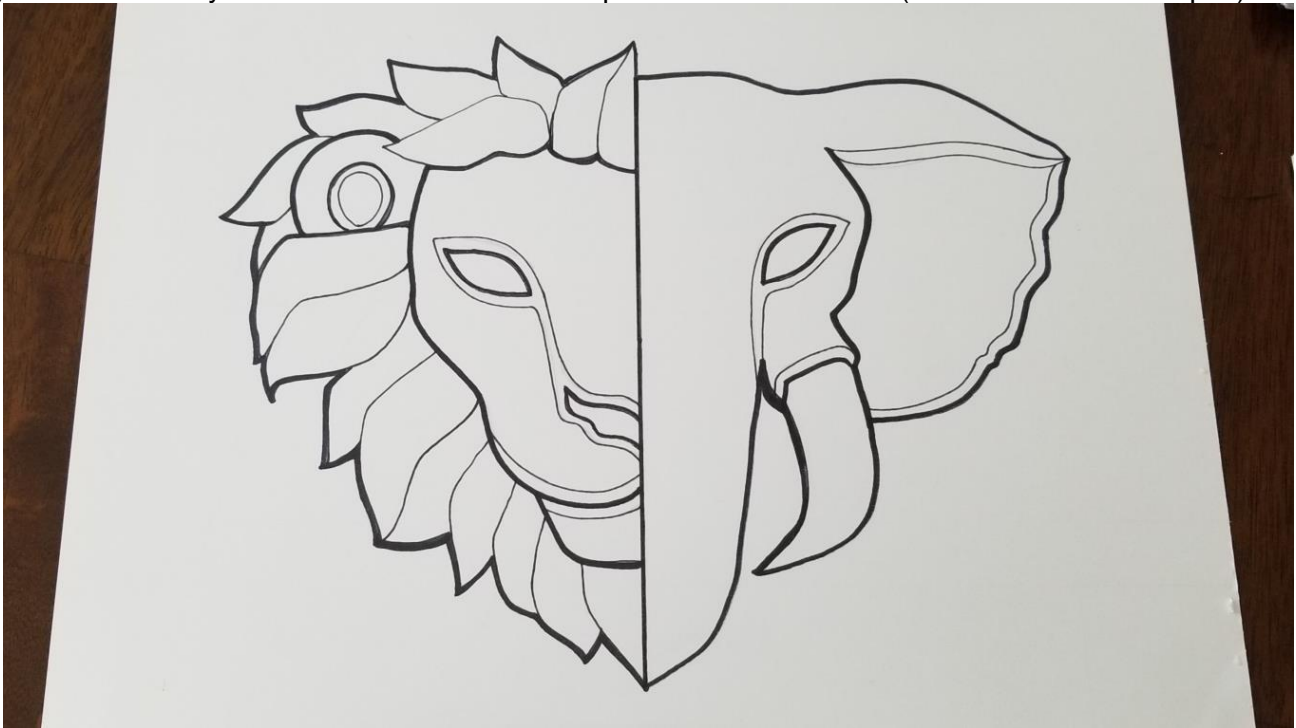
If you'd like to try it yourself, draw the outline with thick marker and double line it.

Pro Tip: Only outline the general shape and features (e.g. eyes, nose, ears, hair) that you want to stand out



Step 2: Draw your main guidelines as shown:

- A) Using your thick marker, draw a second line around the main features (eyes, nose, lips, etc.)
- B) Connect the eyes with the noses and the elephant's ear to its head (this creates more shapes)



Step 3: From now on you'll only be using your fine-line marker or outliner. Draw your secondary guidelines as shown:

- A) Use double lines to create shapes that you'll fill in with patterns later. The key here is to generally follow the shape of the face (e.g. cheeks are usually curved towards the eye, ears are mostly circular, etc.)

Pro Tip: Add in a few interesting shapes (e.g. a diamond in the middle of the forehead)



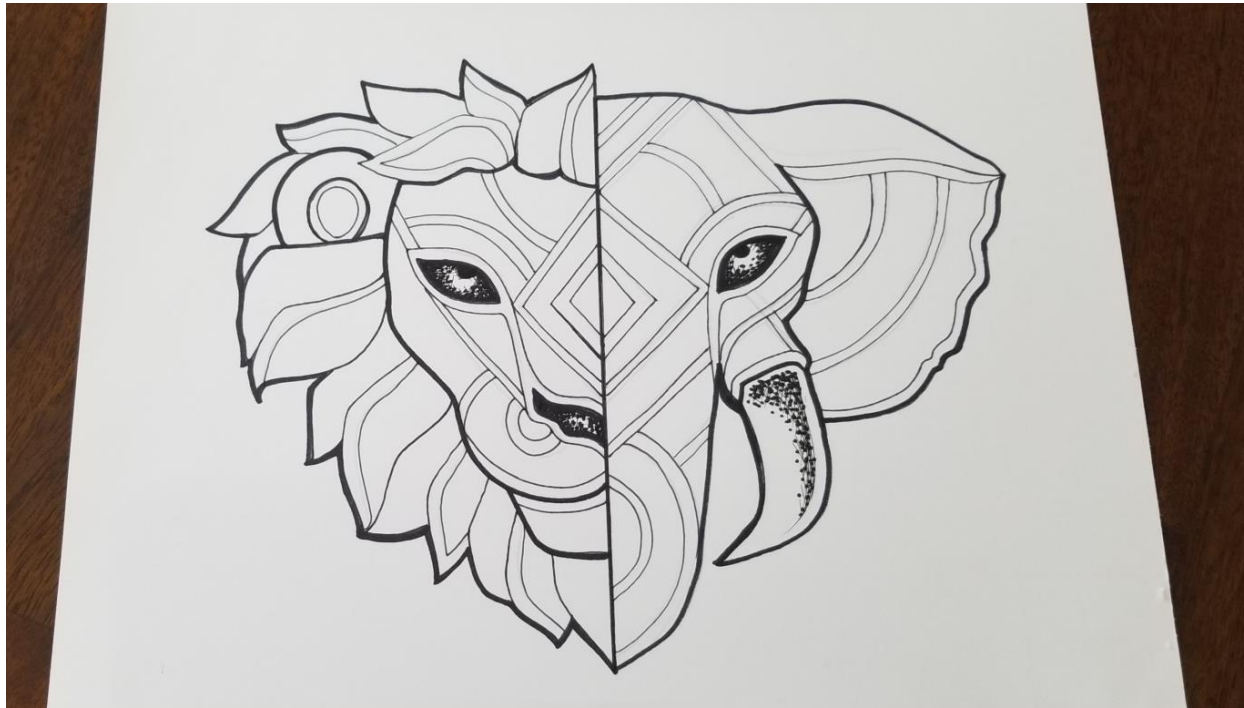
Step 4: Using dot work, fill in the eyes, nose and tusk as shown:

A) Re-outline the eyes and nose with your pen. Add semi-circle pupils to the eyes

B) Add less and less dots as you get close to the middle of the shapes.

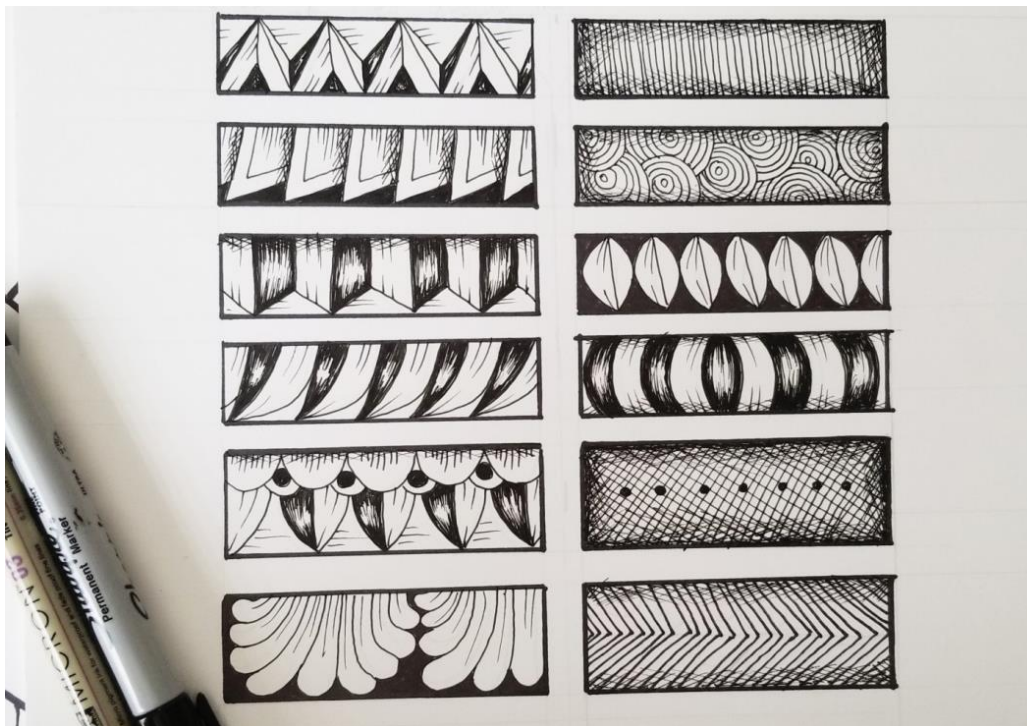
C) Make dots closer together (more dense) in the outer areas and more sparse closer to the middle

Pro Tip: Cross hatching over the dots will add more detail



Step 5: Fill in the area between your guidelines with patterns, as shown:

Pro Tip: Try alternating simple and heavy designs for an eye-catching look.



Here are a few of my go-to patterns: Feel free to use these or make up your own!

**Note how they're not at all perfect- it won't matter in the end. Just keep drawing!*

I like to cross-hatch around my patterns to create depth. E.g. See how the top right pattern is literally just verticle lines? The cross-hatching makes it more interesting. Try it if you'd like!

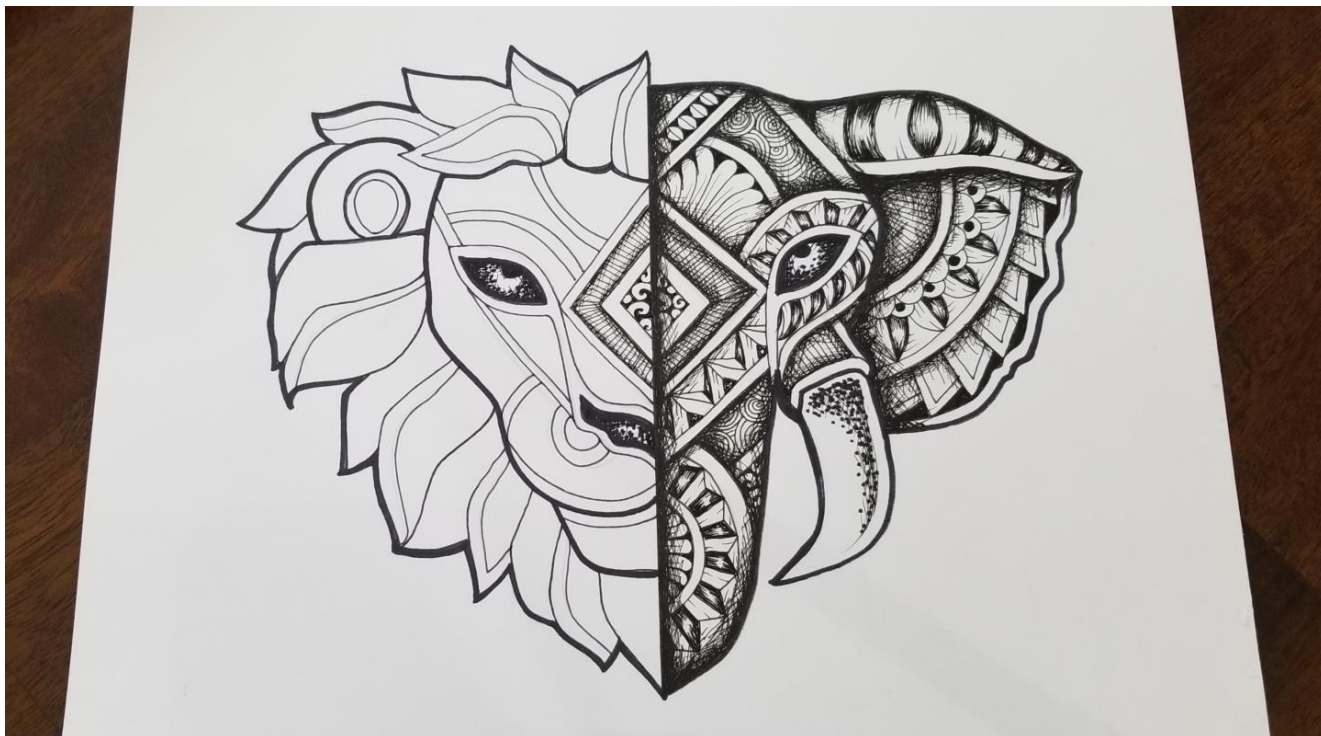
Step 5 Continued:

Here are some progress photos of patterns being filled between the guidelines for inspiration.



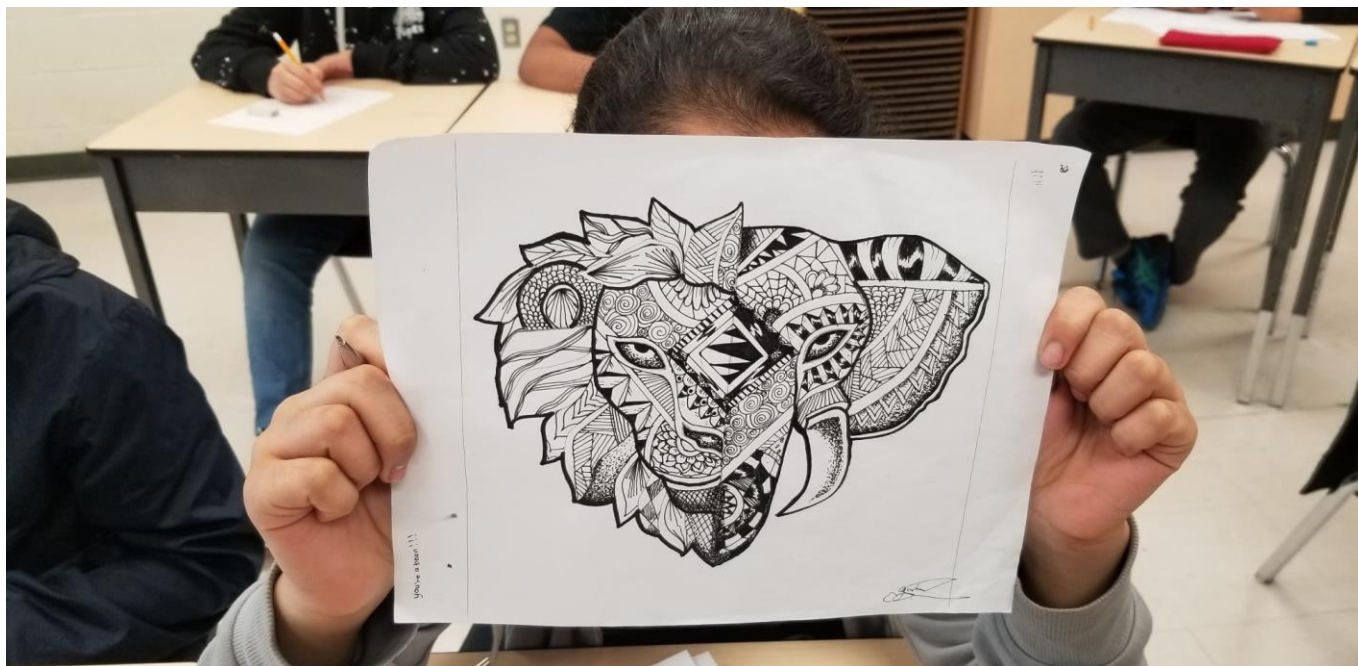
Step 6: Cross hatch shade inside your main shapes and guidelines

Pro Tip: Don't be afraid to re-outline any areas that you may want to emphasise even more



Step 6: Repeat until your entire artwork is filled!

The beautiful creation made by a student of this workshop:





Hope you enjoyed this workshop!

If you did, please consider leaving me a review here:

<https://goo.gl/maps/njWTP3VnQ1k3mjAq9>

(Or Google 'Jasmin Pannu Art' and it'll take you there!)

Share your creations with me on Instagram by tagging me @JasminPannu

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